

4 Ways to Redefine Date Time – Sept.2025

LWCC Marriage Ministries Email for September 2025

Greetings once again, and dare we suggest those winter chills are almost over, or.....!!! Just to help you in adjusting to the concept of Spring, here's something that will help put 'Spring' into your Marriage Relationship - Date Time! Yep, our favourite topic!!!

When it comes to Date Time, many couples are just happy to get one on the books every 3 or 4 months. But seriously, if you've made them a more regular occurrence in your marriage, kudos to you, and Well Done.

However, we know it's not always easy. Sometimes it's simply not easy, in the midst of our busy schedules, to stay connected and prioritize Date Time. Some times it's just that we get a bit loose with regularity because Date Times can start to feel a bit too "same-old". Or sometimes we get into one of those 'transitioning into a new phase of life' times, and your usual routines get attacked and therefore it just gets harder to fit the Date Time into the schedule.

So how about some help. What about thinking outside the box. Below we've provided some suggestions for you to consider that may help to redefine, and inject some fresh focus and vitality into your Date Time.

1. When:

Sure, we're calling it date night, but dates don't have to happen at night! Go on dates at times that make sense for your life style and circumstances. Maybe that's a breakfast date after dropping the kids off at school, a lunch date on a day you both have lighter schedules, or Sunday after church since you're already out and about. Not only does it lend a different vibe than the typical evening date, but you also might find that popular places are less busy or certain activities are cheaper than at peak times.

2. Where/What:

Some might argue that going grocery shopping should definitely not be considered a date. But Why Not? If it's time you enjoy spending together and that helps you feel connected, more power to you. As long as you're fully present with each other and not preoccupied with checking an item off your to-do list, there's no reason why you can't consider it a date. Consider simple ways you can make it special or fun, like grabbing some ice cream on the way home. Thinking outside the box in terms of what you do or where you go on dates can actually help you go on more dates, since it allows for more spontaneity. Walking the dog, going to the gym, or visiting the In-Laws can take on a whole different meaning, with a bit of creative thinking!!!

3. Who:

Yes, one-on-one dates are important, but don't limit yourselves to that all the time! Consider double dates with friends or family, or getting a bunch of couples together for a group date, going out for coffee, or a walk, or a picnic, or a games night together. It's a great way to change things up and create a different dynamic that allows you to see (or be reminded) of different sides of each other. It can help you gain insight into your own marriage while strengthening the "village" around you.

Or, who organises Date Time? If it's usually one of you, why not change it up and take turns at being the organiser!!!

4. How:

How do you and your spouse usually initiate a date? Maybe one of you shoots a text or you have a standing one on the calendar – both are great! But what if you got creative and brought a new energy to the standard routine? Maybe try a post-it left on the bathroom mirror or a cryptic calendar invite with instructions for where to be and what to wear. The idea is that you keep things fresh with energy and intention instead of just going through the motions. Do you have to do it every time? Definitely not, but injecting some variety and novelty every now and then can be just what's needed to keep you both on your toes.

Folks, for those of you who've been getting these emails for some time, you'll know our thoughts - getting on top of this one and having weekly or at the least fortnightly Date Time, is by far the biggest thing that will turn marriage relationships on their head. Maybe you've succeeded in making regular Date Times part of your marriage and are looking for ways to switch things up. Or perhaps you're trying to figure out how to make them work within your current or new phase of life. Whatever the case, prioritising Date Time, then redefining the way you think about the various aspects of dating your spouse, can spark a new sense of energy and enthusiasm that spills over into other areas of your relationship, helping you feel more connected than ever. Again, Congratulations if it's a regular occurrence for you - but if it hasn't been, here's our Challenge - Take some of the suggestions above and try having some Date Time every week or fortnight for the next 3 months, and see what a difference it make to your connectivity.

In closing, maybe your Date Time for the next 7 weeks could commence on Monday evening the 20th October, attending our next Alpha Marriage Course. Just click the reply button and we'll add you to the attendees list!!!

Blessings to you all from your Marriage Ministries Team: Stan & Ronnie, John & Karen.