

Your Unique Language of Love – November 2025

LWCC Marriage Ministries Email for November 2025

Greetings once again, and yes I think the "Technology" issues seem to be behind us this month, and for those of you who may be reading this via the Marriage Ministries Article page on the LWCC Web Site, if you look at the Article "5 Different Ideas for Creating the Best Dates Ever", you'll get the back story to that comment. So now to our 'normal' contribution for November, and Believe it or Not, just think, in a month's time Christmas will have come and gone. Now there's a thought to start with! And here's another one - Did you Know you guys have a *Unique Language of Love*??? I hear you saying "Really!!!!" So, consider the following:

Your alarm goes off, you silence it quickly so it doesn't wake your spouse, and creep out of bed. You close the door quietly and head downstairs to get the coffee going. You quietly empty the dishwasher, set out their favourite mug alongside yours, then go jump in the shower. As you open the bathroom door, the aroma of the breakfast your spouse just cooked wafts in. You head to the kitchen and they greet you with a hug and a smile and ask how you slept. They hand you a steaming cup of coffee with just the right amount of cream and sugar.

This might seem like just a typical morning for you, or for some it may simply be a little too idyllic. But however you reacted to that scenario, that couple are actually saying "I love you" in many different ways – even though neither of them have spoken those words out loud. How many examples can you pick out? We've found 11!

Everyday life in all our marriages is made up of these kind of moments. Over time, sadly we tend to take them for granted, or do them out of habit. We don't give them a second thought.

But what if we did?

What if we actually took a moment to stop and reflect on the different ways we each express our love!!!

Let me digress for a moment and refer to Gary Chapman's Five Love Languages. I'm sure you've heard of them. In fact we looked at them briefly in our email back in March. Gary Chapman breaks down the ways that people feel and express love into five different categories: words of affirmation, quality time, receiving gifts, acts of service, and physical touch. Generally, knowing each other's love language can lead to a better understanding of each other's needs and actions, as well as your own, which helps you both feel more fulfilled and cherished in your relationship. If you've not heard of these before, go to our Marriage Page on the LWCC web site under the heading 'Departments'. Once you've got there scroll down to 'Articles', click on it and that will take you to the list of our previous articles. Again, scroll down till you find the last Article headed, 'Understanding Your Spouse's Love Language - March 2025". This article will give you a good break-down of Gary's Love Languages.

While this insight can be a real game-changer, not every expression of love between you always fits neatly into one of those five categories. In fact, if you look carefully, you'll probably find that you've developed a special *language of love* that's unique to your marriage, and yours alone.

It's the little kindnesses, courtesies, and considerations that become just the way you do things: like trying not to wake them when you start your day earlier than your spouse; or it's the care and

concern you show by asking how they slept; or it's expressed in his cleaning up after tea because she cooked; or in reminding them to bring an umbrella because the forecast shows rain; or filling the car when you see it getting close to quarter full and you know they have a big day of driving tomorrow. It's knowing each other in both a deep and detailed way, and using this knowledge to initiate these subtle, yet sustaining expressions of love. And it all comes full circle when you can recognize them for what they are - acts of love and kindness **Because They Love You**, not just because they're thoughtful.

What about taking some time to Reflect:

Take some time to reflect on the one-of-a-kind language of love that exists between the two of you. It can be hard to pinpoint, especially when it's become such an ingrained, automatic part of your relationship. Here are some prompts to get you thinking:

- Mentally walk through your daily routines and interactions, similar to the example at the beginning of this post. What things do you do, or what consideration do you give, with your spouse in mind?
- Go through your daily routines again, only this time swap it round - look at it from your spouse's perspective. In what ways are they expressing love? Have you actually stopped enough to notice them before? Why not pause and check that the ledger isn't over-balanced in their favour!!!
- How often do you acknowledge or show appreciation for these expressions. I wonder if there's room for some improvement here, and what would that actually look like?
- What role does intention play? When something becomes such a habit, does it lose the intention behind it?
- Are there ways you can "expand the lexicon" of your unique language of love? In other words, how might you build new expressions of love into your everyday life? Ask yourself what little acts of thoughtfulness and kindness might I add to my daily routine, **just because I love them?**
- This one-of-a-kind language is not just comprised of things you do separately – it's also conveyed through the unique rituals you do together, sort of like a dance. For example, maybe you have a little ritual for saying good night, or a comedic routine for certain situations based on an inside joke from long ago. Can you think of any examples of this in your marriage? We have a funny little one. Many years ago when our boys were at school, we took in international students to help pay the school fees. One of those was a Japanese lad who was not very confident. One day he was preparing to go out, but outside it was drizzling off and on. He went outside, came in, went out side, came in, numerous times. Finally, in his broad accent, he said, "It rain; I go!" Ever since then, at some point most weeks, when we are about to go out, one of us looks at the other and says, "It rain, I go!" and we have a bit of a chuckle together. What quirky little euphemisms do you have???

As we come towards the end of another year, here's a thought for you: Between the highs and lows of your marriage, there are, what we could call 'countless ho-hum moments' that, individually, you may not remember years down the road. But here's the thing; add them all together, and all these 'countless ho-hum moments', that are actually 'little treasure moments', ultimately form the *Fabric of Your Marriage*. I wonder, if we focused a little more on these seemingly insignificant little things,

appreciated them for what they are - *very Significant Little Things* - and tried to inject a few more into each day, what it might do to our relationship!!!! Mmmmmm!

Have a sensational month, filled with much blessed time with family and friends, and, along the way, may you have a special encounter, or two, or three.....or more, with Him who is the 'Reason for the Season'. Blessings from your Marriage Ministries Team: Stan & Ronnie, John & Karen.

(Adapted from an Article from Prepare/Enrich)